



# HEALTHY WORK

## Statistics to Know

### DID YOU KNOW?

**Over 1 in 4 US workers** have current or past direct experience with workplace bullying.

**Almost 3 in 4 US adults** are aware of workplace bullying.

**Almost 3 in 4 US employers** deny, discount [...] or defend it.

- Workplace Bullying Institute survey, 2014

### WORKPLACE BULLYING LOOKS LIKE

controlling    disregarding    misleading    isolation  
taking undue credit    intimidating    impunity    public disrespect  
personal attacks    work sabotage    silencing    "Work it out."  
leading to shame    maligning    yelling    verbally abusive  
no recourse    micromanaging    humiliating    targeted    accused of incompetence  
gaslighting    no respect for labor rights    threatening    sexual harassment  
transfer requests denied    surprise meetings  
deemed "not illegal"

*Have you ever experienced workplace bullying?*



*Join the #healthywork movement and share your story.*



*Visit [healthywork.org](http://healthywork.org) for more info.*

