



THE HEALTHY WORK SURVEY FOR UNIONS/WORKER ADVOCATES

What is the Healthy Work Survey?

- A free, online tool developed by the [Healthy Work Campaign](#).
- The tool is scientifically accurate and is developed in collaboration with a team of university researchers and occupational health and safety experts.
- The tool measures [work stressors](#) (sources of stress at work, also called psychosocial hazards) for individuals, groups of workers in specific workplaces, and union members.
- A Google Form, which takes about 20 minutes to complete, is anonymous, secure and confidential.
- Most questions come from the [NIOSH Quality of Work Life questionnaire](#), used every four years in a nationally representative survey of US working people.
- After completion, a free, automated report of results can be emailed to each participant and an aggregate report to the organization.

Why use the Healthy Work Survey?

An essential step any union/worker advocate organization can take to protect the health & safety of members is to identify stressful and health-harming psychosocial working conditions, based on the first-hand experiences of workers. This tool can help you to start that process. Other [resources](#) are also provided to guide you in working with workers/members to develop ideas for reducing work stressors and making workplace improvements.

How do we start?

If you are a representative of a labor organization, a worker health and safety group, or other worker advocacy organization and you are interested in using the survey with a group of workers/members, you will need to complete a short online form. Then, we will email you:

1. A unique, confidential link to the HWS to email to your group.
2. Guidance about how to administer the online survey.
3. After a majority of your group completes the survey, an aggregate/group-level report.
4. Results for your group compared to scores on major work stressors from the QWL national population survey.

For more information about the survey please go to:

<https://healthywork.org/unions-worker-advocates/healthy-work-survey-unions/>

or email: contact@healthywork.org