



Reduce harmful work stressors.
Improve job quality and health.

Healthy Work **Strategies**

Legislation to Reduce Job Stress in Education & Healthcare (Summary)

Education

Workplace Policies and Programs to Reduce Job Stress Among K-12 Education Staff:
healthywork.org (case study - Landsbergis and colleagues, 2018)

The authors discuss state legislation on prevention of bullying and harassment of school staff. See a summary of the article [here](#).

Healthcare

AFT Safe Staffing factsheets:

<https://drive.google.com/drive/folders/1bTpNCP8LEQOK7tP9tWOscjhzsI0dO3uA>

AFT Healthcare Staffing Shortage Task Force Report Executive Summary:

https://www.aft.org/sites/default/files/media/documents/2022/hc_StaffingReportExecutiveSummary_Nov2022.pdf

Fed up with unsafe staffing, nurses are organizing for change (AFT):

<https://www.aft.org/news/fed-unsafe-staffing-nurses-are-organizing-change>

Safe care, safe work major focus at 2019 healthcare conference (AFT):

<https://www.aft.org/news/safe-care-safe-work-major-focus-2019-healthcare-conference>

Implementing the NY State Hospital Committees Staffing Law (NYSNA):

<https://www.nysna.org/blog/2022/03/29/implementing-hospital-staffing-committees-law#.Y-JwUq3MLHo>

Laws to improve nurse staffing levels in hospitals:

healthywork.org (case study)

Legislation and Regulation to Prevent Workplace Violence in Healthcare:

healthywork.org (case study)

Laws prohibiting mandatory overtime for nurses:

[healthywork.org](https://www.healthywork.org) (case study)

General Workforce

State Paid Family & Medical Leave Insurance Laws:

<https://www.nationalpartnership.org/our-work/resources/economic-justice/paid-leave/state-paid-family-leave-laws.pdf>

State and City Paid Sick Days Laws:

<https://www.nationalpartnership.org/our-work/resources/economic-justice/paid-sick-days/paid-sick-days-statutes.pdf>