## Health@Work: Supporting Workers with Chronic Conditions

### Wednesday, November 16 | 11:00am-12:00pm MT

60% of US adults have a chronic health condition, 40% have two or more, and significant disparities occur by race. Workers with chronic conditions such as diabetes, heart disease, and cancer can experience challenges in maintaining their workability, balancing their work roles with health management activities, and navigating complex social issues at work including stigma, disclosure, and communication. Join Health Links<sup>®</sup>, along with national and local experts, to learn more about how to support workers with chronic conditions at your workplace.



CHES<sup>®</sup>, CIH, CPH, CSP and SHRM<sup>®</sup> credits are available.

#### After attending this webinar, you will be able to:

- Define and understand how chronic conditions impact your workforce and employee medical plan
- Build a plan to support workers with chronic conditions in your workplace
- Support workers with chronic conditions through evidence-based programs/resources

#### **Speakers**



Kirsten Ambrose Assistant Director OA Action Alliance



**Steve Halterman** Wellness Manager *State of Colorado* 



Peter Schnall Emeritus Professor of Medicine, Director University at California Irvine, Center for Social Epidemiology

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